

ASHTON MANOR AT SUGARLOAF

January 2023

01/01 - Sunday

Happy Blessed New Year's Day!
Independent Activities
Mornings With Jesus
Fireplace Fellowship
Open Pool Table - L
Card Games * Library
Sunday Matinee

01/02 - Monday

9:00 - "ME" Time
10:00 - Bible Study w/ Oumar - CC
1:00 - Chef Talk w/ Annette - CC
2:00 - Movie Matinee w/ Libby - CC
3:00 - Resident's Choice - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/03 - Tuesday

9:00 - "ME" Time
10:00 - Live Music Concert - AL
10:30 - Open Celebration Center
2:00 - "Winter" Bingo Bucks
3:00 - Exercise w/ Stretch Bands - CC
Open Pool table - L

01/04 - Wednesday

Transportation to Doctors 9 - 3PM
National Trivia Day!
9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - Wiser Wednesday - S
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/05 - Thursday

9:00 - "ME" Time
10:30 - Open Celebration Center
2:00 - "Winter" Bingo Bucks
3:00 - Exercise w/ Weights - CC
Open Pool table - L
Evening Matinee w/ Libby - CC

01/06 - Friday - Outing

9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Outback Restaurant
10:30 - Open Celebration Center
2:00 - Movie Matinee w/ Libby - CC
4:00 - Resident's Choice
Open Pool table - L

01/07 - Saturday

Independent Activities
Fireplace Fellowship
Independent Devotion - FP
Open Pool table - L
Card Games - Library
Jigsaw Puzzles
Movie Matinee

01/08 - Sunday

Happy Birthday Elvis!
A Taste of Tupelo Mississippi
Independent Activities
Mornings With Jesus
Fireplace Fellowship
Open Pool Table - L
Card Games * Library
Sunday Matinee

01/09 - Monday - Library

9:00 - "ME" Time
10:00 - Bible Study w/ Oumar - CC
1:00 - 2:00 Library On Wheels - CC
2:00 - Table Games - CC
3:00 - Resident's Choice - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/10 - Tuesday - Hairdresser

9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - "Winter" Bingo Bucks
3:00 - Exercise w/ Stretch Bands - CC
Open Pool table - L

01/11 - Wednesday

Happy Blessed Birthday John B!
9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration center
2:00 - Wiser Wednesday - S
Open Pool table - L
Evening Matinee w/ Libby - CC

01/12 - Thursday

Transportation to Doctors 9 - 3PM
Hot Tea Day!
9:00 - "ME" Time
10:30 - Open Celebration Center
2:00 - "Winter" Bingo w/ Staff - CC
3:00 - Exercise w/ Weights - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/13 - Friday - Outing

9:00 - "ME" Time
10:00 Load bus for Shopping
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - Matinee w/ Libby - CC
Open Pool table - L
Evening Matinee w/ Libby - CC

01/14 - Saturday

Independent Activities
Fireplace Fellowship
Independent Devotion - FP
Open Pool table - L
Card Games - Library
Jigsaw Puzzles
Movie Matinee

01/15 - Sunday

Independent Activities
Mornings With Jesus
Fireplace Fellowship
Open Pool Table - L
Card Games * Library
Sunday Matinee

01/16 - Monday

Martin Luther King Jr. Day!
9:00 - "ME" Time
10:00 - Bible Study w/ Oumar - CC
1:30 - Portraits of Fiber Art Show
3:00 - Resident's Choice - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/17 - Tuesday - Hairdresser

9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - "Regency" Bingo w/ Thalia - CC
2:00 - Exercise w/ Stretch Bands - CC
Open Pool table - L

01/18 - Wednesday

Transportation to Doctors 9 - 3PM
9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration center
2:00 - Wiser Wednesday - S
Open Pool table - L
Evening Matinee w/ Libby - CC

01/19 - Thursday - Popcorn Day!

ASHTON MANOR IS "4" YEARS
OLD!
9:00 - "ME" Time
10:00 - Literal Fashion Show - AL
2:30 - 3:30 - "4" Year Anniversary
Popcorn Day Social w/ Steve McKee
Open Pool table - L
Happy Blessed Birthday Betty!

01/20 - Friday

10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - 3:00 - A Living Historian - CC
Guest Speaker: Carter J. Wood
Open Pool table - L
Evening Matinee w/ Libby - CC

01/21 - Saturday

Independent Activities
Fireplace Fellowship
Independent Devotion - FP
Open Pool table - L
Card Games - Library
Jigsaw Puzzles
Movie Matinee

01/22 - Sunday

Chinese New Year!
Independent Activities - CC
Fireplace Fellowship
Independent Devotion - FP
Card Games - Library
Open Pool table - L

01/23 - Monday

National Pie Day!
9:00 - "ME" Time
10:00 - Bible Study w/ Oumar - CC
1:00 - Chef Talk w/ Annette - CC
2:00 - Movie Matinee w/ Libby - CC
3:00 - Resident's Choice - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/24 - Tuesday - Hairdresser

9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - "Winter" Bingo w/ Staff - CC
3:00 - Exercise w/ Stretch Bands - CC
Open Pool table - L

01/25 - Wednesday - Manicurist

Transportation to Doctors 9 - 3PM
9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration center
Manicurist Available After Lunch
2:00 - Wiser Wednesday - S
Open Pool table - L
Evening Matinee w/ Libby - CC

01/26 - Thursday

9:00 - "ME" Time
10:30 - Open Celebration Center
1:00 - Town Hall Meeting - CC
2:00 - "Winter" Bingo - CC
3:00 - Exercise w/ Weights - CC
Open Pool table - L
Evening Matinee w/ Libby - CC

01/27 - Friday

9:00 - "ME" Time
10:00 - Independent Devotion - FP
2:00 - Mozart Monthly Birthday
Ice Cream Social - CC
Open Pool table - L
Evening Matinee w/ Libby - CC

01/28 - Saturday

Independent Activities
Fireplace Fellowship
Independent Devotion - FP
Open Pool table - L
Card Games - Library
Jigsaw Puzzles
Movie Matinee

01/29 - Sunday

Happy Blessed Birthday Rosie!
Independent Activities - CC
Fireplace Fellowship
Independent Devotion - FP
Card Games - Library
Open Pool table - L

01/30 - Monday

9:00 - "ME" Time
10:00 - Bible Study w/ Oumar - CC
1:00 - Chef Talk w/ Annette - CC
2:00 - Movie Matinee w/ Libby - CC
3:00 - Resident's Choice - CC
Open Pool Table - L
Evening Matinee w/ Libby - CC

01/31 - Tuesday

Backward Day!
9:00 - "ME" Time
10:00 - Independent Devotion - FP
10:30 - Open Celebration Center
2:00 - "Winter" Bingo w/ Staff - CC
3:00 - Exercise w/ Stretch Bands - CC
Open Pool table - L

Activities Are Subject to Change

Activity Location
S - Sunroom L - Library

FP - Fireplace

CC - Celebration Center

AL - Assisted Living

*Ashton Manor at Sugarloaf
Independent Living*

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