

ASHTON MANOR

AT SUGARLOAF

February 2024

02/01 - Thursday

Transportation to Doctors 9 - 2
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks - AD
 10:30 - Resident's Choice
 1:00 - ACTIVITY DEN
 2:00 - Movie Cinema - LR
 3:00 - NOODLE BALLOON - LR
 6:00 - Relax & Reminisce

02/02 - Friday - Wear Red Day!

GROUNDHOG DAY
 9:00 - Black History Month Music
 10:00 - Hydration Station - LR
 10:30 - Fitness Friday - LR
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Matinee - LR
 3:00 - MUSIC Bingo - AD
 6:00 - Relax & Reminisce

02/03 - Saturday

Daily Inspiration - LR
 10:00 - Hydration & Snacks
 Saturday Cinema - LR
 Library / Magazines - AD
 3:00 - Hydration & Snacks
 Activity Den

02/04 - Sunday

Mornings With Jesus - LR
 Songs of Praise - LR
 Sunday Cinema - LR
 3:00 - Hydration & Snacks
 Resident's Choice
 Activity Den

02/05 - Monday

Happy Birthday Marie Price!
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - Move It Monday - LR
 11:00 - Black History Trivia - LR
 2:00 - Monday Matinee - LR
 3:00 - "BIRTHDAY" Bingo - AD
 6:00 - Relax & Reminisce

02/06 - Tuesday

9:00 - Black History Month Music
 10:00 - TAMBOURINE PRAISE
 11:00 - Hydration Station - LR
 1:00 - Table Games Tuesday - AD
 2:30 - Chef Talk w/ DAPHNE - LR
 3:00 - IN2L Shen Yun - LR
 6:00 - Relax & Reminisce

02/07 - Wednesday

9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 ANYTIME ACTIVITY DEN
 10:30 - IN2L Sing A Long - LR
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Matinee - LR
 6:00 - Relax & Reminisce

02/08 - Thursday

9:00 - Black History Month Music
 10:00 - Magazines & Music - AD
 11:00 - Resident's Choice
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Cinema - LR
 3:00 - NOODLE BALLOON - LR
 6:00 - Relax & Reminisce

02/09 - Friday

9:00 - Black History Month Music
 9:30 - Decorate 4 PARTY
 10:00 - Hydration Station - LR
 10:30 - Fitness Friday - LR
 11:30 - Monthly Birthday Party
 w/ Keith West
 1:00 - Resident's Choice
 2:00 - Movie Matinee - LR
 3:00 - MUSIC Bingo - AD
 6:00 - Relax & Reminisce

02/10 - Saturday

CHINESE NEW YEAR
 Daily Inspiration - LR
 10:00 - Hydration & Snacks
 Saturday Cinema - LR
 Library / Magazines - AD
 3:00 - Hydration & Snacks
 Resident's Choice
 Activity Den

02/11 - Sunday - CHURCH

SUPERBOWL LVIII
 Mornings With Jesus - LR
 10:00 - Hydration & Snacks
 Songs of Praise - LR
 Sunday Cinema - LR
 3:00 - Hydration & Snacks
 3:30 - JCD4U CHURCH Service
 Resident's Choice
 Activity Den

02/12 - Monday

9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - "LOVE" Bingo - LR
 11:00 - Black History Trivia - LR
 2:00 - Monday Matinee - LR
 3:00 - Resident's Choice
 6:00 - Relax & Reminisce

02/13 - Tuesday - Mardi Gras

Fat Tuesday!
 9:00 - Black History Month Music
 10:00 - Decorate 4 Mardi Gras
 10:30 - Hydration Station - LR
 11:00 - World Radio Day - LR
 11:30 - Mardi Gras Luncheon
 2:00 - Pancake Day Art - LR
 3:00 - IN2L Fat Tuesday - LR
 6:00 - Relax & Reminisce

02/14 - Wednesday

Ash Wednesday!
 Valentine's Day
 9:00 - Black History Month Music
 10:00 - ASH WEDNESDAY - LR
 11:30 - Valentine's Day Luncheon
 12:30 - King & Queen Crowning
 1:00 - Movie Matinee - LR
 2:00 - IN2L Sing A Long - LR
 6:00 - Relax & Reminisce

02/15 - Thursday

Transportation to Doctors 9 - 2
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks - AD
 10:30 - Resident's Choice
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Cinema - LR
 3:00 - NOODLE BALLOON - LR
 6:00 - Relax & Reminisce

02/16 - Friday

9:00 - Black History Month Music
 10:00 - Hydration Station - LR
 10:30 - Fitness Friday - LR
 1:00 - Resident's Choice
 2:00 - Movie Matinee - LR
 3:00 - MUSIC Bingo - AD
 6:00 - Relax & Reminisce

02/17 - Saturday

U.S. NAT'L CAREGIVERS DAY
 Daily Inspiration - LR
 10:00 - Hydration & Snacks
 Saturday Cinema - LR
 Library / Magazines - AD
 3:00 - Hydration & Snacks
 Activity Den

02/18 - Sunday

10:00 - Hydration & Snacks
 Songs of Praise - LR
 Sunday Cinema - LR
 3:00 - Hydration & Snacks
 Resident's Choice
 Activity Den

02/19 - Monday

President's Day!
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - Move It Monday - LR
 11:00 - President's Day Trivia - LR
 2:00 - Monday Matinee - LR
 3:00 - "LOVE" Bingo - AD
 6:00 - Relax & Reminisce

02/20 - Tuesday

Happy Blessed Birthday Barbara!
 9:00 - Black History Month Music
 10:00 - TAMBOURINE PRAISE
 11:30 - Mardi Gras Luncheon
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Matinee - LR
 3:00 - IN2L Shen Yun - LR
 6:00 - Relax & Reminisce

02/21 - Wednesday - Manicurist

8:30 - MANICURIST - AD
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - BOWLING - LR
 11:00 - Mother Language Day - AD
 1:00 - Movie Matinee - LR
 2:00 - IN2L Sing A Long - LR
 6:00 - Relax & Reminisce

02/22 - Thursday

Transportation to Doctors 9 - 2
 9:00 - Black History Month Music
 10:00 - Magazines & Music - AD
 11:00 - Resident's Choice
 1:00 - PET THERAPY w/Ashley
 2:00 - Color Me Calm - AD
 3:00 - Resident Council Mtg.
 6:00 - Relax & Reminisce

02/23 - Friday

9:00 - Black History Month Music
 10:00 - Hydration Station - LR
 10:30 - Fitness Friday - LR
 1:00 - Resident's Choice
 2:00 - Movie Matinee - LR
 3:00 - MUSIC Bingo - AD
 6:00 - Relax & Reminisce

02/24 - Saturday

Daily Inspiration - LR
 10:00 - Hydration & Snacks
 Saturday Cinema - LR
 Library / Magazines - AD
 3:00 - Hydration & Snacks
 Activity Den

02/25 - Sunday - CHURCH

Mornings With Jesus - LR
 10:00 - Hydration & Snacks
 Songs of Praise - LR
 Sunday Cinema - LR
 1:00 - 3:00 - AD
 NETT CHURCH - GAMES
 3:00 - Hydration & Snacks
 Resident's Choice
 Activity Den

02/26 - Monday

9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - Move It Monday - LR
 11:00 - Black History Trivia - LR
 2:00 - Monday Matinee - LR
 3:00 - "LOVE" Bingo - AD
 6:00 - Relax & Reminisce

02/27 - Tuesday

9:00 - Black History Month Music
 10:00 - Resident's Choice
 11:00 - Hydration Station - LR
 1:00 - Movie Matinee - AD
 2:00 - 12 STONE CHURCH BINGO
 3:00 - Magazines & Music - LR
 6:00 - Relax & Reminisce

02/28 - Wednesday - Hairdresser

9:00 - Black History Month Music
 10:00 - Hydration & Snacks
 10:30 - BOWLING - LR
 11:00 - IN2L Sing A Long - LR
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Matinee - LR
 3:00 - Hairdresser Appointments
 6:00 - Relax & Reminisce

02/29 - Thursday

Transportation to Doctors 9 - 2
 9:00 - Black History Month Music
 10:00 - Hydration & Snacks - AD
 10:30 - Resident's Choice
 1:00 - PET THERAPY w/Ashley
 2:00 - Movie Cinema - LR
 3:00 - NOODLE BALLOON - LR
 6:00 - Relax & Reminisce

Activities are subject to change

Destination Codes:

GC = Garden Cottage

LR = Living Room

AD = Activity Den

DR = Dining Room

P = Porch

CC = Celebration Center (IL)



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Ashton Manor at Sugarloaf
 Assisted Living/Garden Cottage